BOTANIA RELAIS & SPA

A MEMBER OF

GARDEN SPA

GARDEN SPA

Spa Opening Hours: 9 am - 8:00 pm Treatments: 9 am - 1 pm/ 4 pm -7:30 pm

ETIQUETTE

The minimum age for access to the SPA and surrounding areas is 14. Please maintain a low voice to preserve a peaceful ambiance. Smoking is not permitted. We recommend that you leave personal belongs such as phone, electronic devices, valuable items in your room.

RESERVATIONS

Book your treatment by dialing 311 from your room, visiting the Spa Reception, or emailing spa@botaniarelais.com.

ARRIVAL

Please arrive 10 minutes before your scheduled appointment. Late arrivals may result in a shortened treatment duration.

CANCELLATION POLICY

Cancel or modify your appointment is possible by 6 pm the day before your treatment; otherwise, the full cost will be charged.

CONTACT

Phone: +39 081 997978 Internal: 311 Email: spa@botaniarelais.com



SPA MENU 2023

FACIAL TREATMENTS

MEI LIFTING

With sandalwood and lime

Experience a natural face-lift with this revitalizing treatment, combining plant-based waters, sandalwood, and lime essential oils. Gua Sha massage techniques and ultra-concentrated essential oils enhance skin density and minimize signs of aging.

MEI ANTIAGEING FACIAL

With argan and plant based hyaluronic acid

Revitalize your complexion with this potent anti-aging treatment, infused with argan oil and plant-based hyaluronic acid. Active ingredients energize your skin and promote renewal, while colloidal silver leaves your skin toned and radiant.

MEI DETOX

With quebracho and propolis

Restore your skin's natural balance with the purifying power of quebracho and propolis. This treatment improves blemished or combination skin with an exfoliation, mask, and specialized cream, resulting in a refreshed, firmed complexion.

60' 160€

50' 140€

50' 140€



MEI SENSITIVE

With Persian Rose

Calm and nurture delicate skin with our gentle treatment featuring Wild Persian Rose buds. A soothing massage with avocado, helichrysum, and calendula oils leaves your skin soft and luminous.

PEELING SPA SOFT FACIAL TREATMENT 50' 160€

Facial treatment with brightening, antioxidant, clarifying and restoring effect. Thanks to the use of mandelic, glycolic, piruvic and lactobionic acid it leaves the skin deeply hydrated, firm and soft.

DEEP CLEANSING FACIAL

Rejuvenate your skin with this comprehensive facial, customized with MEI products. The treatment includes cleansing, exfoliation, blackhead extraction, a mask, massage, and moisturizing.

OXYGEN THERAPY

A revitalising treatment using Hyperbaric Oxygen that will boost the skins circulation to firm and improve its overall appearance.

Facial Oxygen Therapy 55' - 130€ Oxygen Therapy for Neck and Décolleté controlla gli spazi 55' - 140€ Bespoke Botania Facial Treatment 80' - 180€ (with Oxygen Therapy)

50' 140€

60' 130€



BODY TREATMENTS

MEI PERSONALIZED BODY TREATMENTS 70' 170€

Indulge in a total body experience with a peeling, wrap, massage, aromatherapy shower, and moisturizer.

MEI SPA BOTANICAL

Detoxifying and firming treatment with Green Clay and Horsetail

Body peeling and detoxifying and firming wrap with a Horsetail Green Clay. This therapy helps to remove toxins from the skin's surface and promotes cellular turnover.

MEI SPA DOLCE VITA

Uplifting treatment with Sweet Orange and Citruses

An exfoliating sugar microsphere scrub followed by a firming massage with Balance oil made with essential citrus oils and a finishing touch with Sweet Orange smoothing cream that will give brightness and firmness to the skin.

MEI SPA SOTTOSALE

Detoxifying treatment with Mint from Piedmont

A detoxifying peeling with Sicilian Sea Salt, enriched with wild Peppermint essential oil. The natural extracts of Green Tea and Ginseng root work synergistically to provide a strong toning and firming effect.

MEI SPA PERSIAN ROSE

Hydrating treatment with Persian Rose

Rehydrate your skin with this precious body ritual features Wild Persian Rose essential oil and is enriched with eight natural MEI products. The result is a bloomed skin with a smoothing and highly illuminating effect.

MASSAGES

AROMATIC A relaxing and comforting massage with light pressure that properties of essential oils.	55' harnesses	
ANTISTRESS A full-body massage with medium pressure, focusing on ar tension.	75' reas with	140€ high muscle
IN NATURE A customized massage with oils and aromatherapy surround nery of our garden.	60' ded by th	150€ ne lush gree-
LINFO VODDER Manual lymphatic stimulation to help reduce water retention	,	90€/130€
CIRCULATORY MASSAGE A full-body massage with deeper pressure to activate blood toxins, and improve tissue oxygenation.	30' circulation	80€ on, flush out
DRAINING MASSAGE A full or partial massage with a draining effect.	30'	80€
THERAPEUTIC MASSAGE A massage with deeper pressure to release tension and tightn	,	90€/130€

A massage that releases tightness, improves lymphatic dra circulation, and rebalances body energy.	inage, act	ivates blood
REFLEXOLOGY This technique involves applying pressure to specific points to certain organs and body systems.	30' s on the fee	90€ et connected
MATERNITY MASSAGE A relaxing and comforting massage designed for pregnant w	/	90€/130€
AYURVEDIC ABYANGAM MASSAGE An Indian technique that focuses on balancing the body at the Doshas.	50' nd mind by	120€ y addressing
HAWAIIAN LOMI-LOMI A relaxing massage performed on an oily bed, mimicking the an.	50' movemen	140€ ts of the oce-
THAI OIL MASSAGE A massage that combines plant-based and essential oils with reduce stress, tension, and muscle pain, providing a deep ser		
CANDLE MASSAGE A massage with gold, incense and myrrh is a healing thera blend of natural oils and aromas, provides muscle relaxation culation, hydrates the skin and brings a deep sense of calm.		
COR'A CORE An unforgettable moment with your loved one in a timeless	55' experience	250€
PRESSOTHERAPY	20'	50€

55' 130€

SOMA-ENERGETIC MASSAGE

An equipment-based treatment that improves circulation and reduces water retention.



RITUALS

PERSIAN ROSE 100' FACE & BODY HYDRATING SCULPTING TREATMENT

Indulge in a luxurious face and body ritual featuring Persian Rose essential oil. This treatment offers a smoothing and illuminating effect, with a harmonious massage enriched by eight natural MEI products. The result is a revitalized skin and an unparalleled sensory immersion.

ANCIENT ROMAN THERMAL RITUAL (Diabasi Method)

A ritual that incorporates unique techniques from ancient Rome. Performed with specific techniques and natural products, this treatment provides a draining effect, reactivates circulation, and leaves the skin toned and radiant.

75' 160€

200€



BEAUTY TREATMENTS

Spa Manicure	60€
Spa Pedicure	80€
WAXING	
Eyebrows	15€
Upper lip	15€
Back / Chest	30€
Arm	20€
Halfleg	20€
Full leg	35€
Bikini	25€
Brazilian (Hollywood)	30€
Full body	70€
ARABIC THREADING	
Full face	30€
Single area	20€





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